



Audit Template

Audit Title: Biochemical Testing for the Perimenopause and Menopause	
Lead Auditor: Dr Annie Armston	Audit date(s): January 2015
Please indicate if Local / Regional / National Audit Please indicate which hospital & location or region National Audit	Report Author: Name: Dr Annie Armston Email: annie.armston@uhs.nhs.uk
Aims of the Audit: To look at strategies for biochemical testing of the menopause and the interpretation of results.	
Audit Method and Outcome(s): Survey Analysis of survey results	
Audit Recommendations / Standards: <ol style="list-style-type: none">1. Improve the understanding of assay interference2. Harmonization of testing strategy i.e. choice of test(s) for diagnosing the perimenopause and menopause.3. The measurement of FSH should be discouraged in women >45years unless atypical symptoms present4. Harmonization of FSH cut-offs and details of assay sensitivity and specificity to be reported to users.5. Harmonization of recommendations for the day of the menstrual cycle to measure gonadotrophins for women who are still menstruating.6. Harmonization of reporting strategy and comments for samples tested to diagnose the perimenopause and menopause.7. Harmonization of comments for gonadotrophin requests for women <40 years8. Harmonization of advice on the use of gonadotrophin levels in the decision to withdraw contraception	
Please indicate to whom and when audit presented &/or circulated &/or published: ACB Focus national Meeting June 2015	
Audit recommendations / standards ratified by ... and when:	
Date of audit report: June 2015	

Audit documents for upload to <http://www.acb.org.uk/whatwedo/science/audit.aspx>

Please include as attachments with this Audit Summary form if authors and the organising committee would like information to be publicly accessible on the ACB website Audit section.

Presentation

Standards/Recommendations

Blank Survey Questionnaire