

Date of Publication: August 2017

Section/Committee: Trainees Committee

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Advice for STP trainees for finding accommodation in Manchester

Getting in touch with other trainees

Many trainees find that sharing with other trainees reduces the cost which is particularly helpful if accommodation is self-funded. However, having just started training this may be different to arrange, below are some suggestions of how to get in touch with other trainees to discuss options and/or make arrangements:

- ACB regional tutors or trainee reps may be able to provide contact details of local trainees
- Talk to the other trainees based at your hospital as they will be able to put you in touch with other trainees
- Discussion board on Moodle/The Student Room – if there isn't one, start a discussion group?
- "NHS STP and Clinical Scientists" groups on Facebook
- STP induction day

Finding accommodation

The Manchester Academy for Healthcare Scientist Education (MAHSE) is an excellent place to start when looking for accommodation in Manchester. They have worked with BridgeStreet to offer discounted rates for 4 star apartments at Staycity Piccadilly and Rommmzz. For more information and details on how to book these apartments trainees should contact admin@mahse.co.uk

Private lets

Cozystay

Info: Cozystay provide serviced apartments in the South Manchester district of Whalley Range. They presently operate four 1 bedroom studio apartments, a 2 bedroom and a 3 bedroom apartment for short-term lets. All accommodation is fully furnished, including linen and towels.

Price Range: £32-50 per night

Further Details: <http://www.cozystay.co.uk/apartments.php>

Serviced City Pads

Info: Offer a range of spacious serviced apartments located across Manchester.

Price Range: Various prices

Further Details: <http://www.servicedcitypads.com/>

The City Warehouse Apartment Hotel

Info: The City Warehouse Apartment Hotel offers a range of one and two bedroom apartments and is based in the popular Northern Quarter. The apartment Hotel is conveniently located within a ten minute walk to Manchester Victoria and Piccadilly train stations.

Price Range: Various prices

Further Details: <http://thecitywarehouse.com/>

AJ Estates

Info: Previously used by a lot of trainees, they provide basic accommodation in shared housing on a short-term basis. The minimal rental period is two weeks

Price Range: Prices start at £195 per week for a one bedroom apartment including bills

Further Details: <http://www.ajestates.net/>

Enterprise Apartments

Info: Enterprise apartments have a range of one and two bedroom short stay apartments in Manchester city centre and Fallowfield, a popular student area. Fully furnished and all apartments have internet

Price Range: £360-490 per week

Further Details: <http://www.enterpriseapartments.co.uk/index.htm>

Solux Apartments

Info: Solux apartments have a range of one to three bedrooms available in Manchester city centre, Salford Quays and Altrincham. Flats are fully furnished including towels and linen. Internet provided.

Price Range: £450-550 per property per week

Further Details: <http://www.soluxapartments.com/>

Didsbury Park Properties

Info: Quality self-catering apartments situated in one of the most desirable areas of Manchester, Didsbury. Studio, one bedroom and two bedroom apartments are available.

Price Range: £300-450 per week

Further Details: <http://didsburypark.com/main.htm>

Airbnb

Info: Varied accommodation available from rooms to let to whole apartments.

Price Range: Varied

Further Details: <https://www.airbnb.co.uk/>

Hotels and Hostels

Ibis

Info: Recommended by previous trainees. Budget 2-star hotel with sites at Princess Street and Portland Street convenient for the University. Ibis Budget on Pollard Street. Free WiFi. Breakfast buffet available.

Price Range: From £32 (Ibis Budget) or £40 (Ibis)

Further Details: <http://www.ibis.com/gb/city/hotels-manchester-v2446.shtml>

Travelodge

Info: Used by lots of trainees, especially for shorter stays. Upper Brook Street and Manchester Piccadilly hotels both located within walking distance of University Campus. Breakfast and WiFi available (+£11).

Price Range: from £37 (early booking rate)

Details: <https://www.travelodge.co.uk/hotels/523/Manchester-Upper-Brook-Street-hotel>

Premier Inn

Info: Recommended by previous trainees. Manchester Central, Manchester City and Portland Street hotels all convenient for University. Free WiFi. Breakfast available.

Price Range: from £39

Details: <http://www.premierinn.com/gb/en/hotels/england/greater-manchester/manchester.html>

Holiday Inn Express

Info: Used by previous trainees. Situated on Oxford Road so very convenient for University and transport links. WiFi and breakfast available.

Price Range: from £58

Details: <https://www.ihg.com/holidayinnexpress/hotels/gb/en/manchester/mchor/hoteldetail>

Hatters Hostels

Info: These hostels are widely used by visiting students and are located close to the Universities and main transport links. Free WiFi and breakfast available.

Price Range: from £14 per night (shared accommodation) or £30 (private room)

Details: <http://hattershostels.com/>

Student Accommodation

- Expect normal student accommodation
- Halls may already be booked up by full time students, or you may have to wait for full time students to be placed, leaving planning to the last minute
- Most accommodation requires you to provide your own bedding and kitchenware etc.

Examples

- *University of Manchester Accommodation Office:* May be able to provide accommodation for MAHSE students (individuals or groups) who are registered at the University of Manchester.
- *Manchester Student Homes:* Website has section devoted to short-term lets.
- *Manchester Rentahome:* Short-term lets are not usually offered; please get in touch around the beginning of September with the dates you are on campus and they will see if any short-term house-sharing opportunities are available.
- *Montgomery House:* £85 per week including bills and internet access. Short-term lets may be available.
- *Weston Court:* £99 per week. Short-term lets are not usually offered; please get in touch around the beginning of September with the dates you are on campus and they will see if any short-term house-sharing opportunities are available.

Things to think about

- Can you get a MAHSE or corporate discount?
- Is the accommodation funded by your training budget? How much can you spend?
- Have you investigated other sources of funding?
- Will you have to pay up-front and claim back expenses or arrange an invoice? Invoices often take several weeks to arrange
- Most agencies will require a deposit for accommodation
- Can you stay during the week and travel home at the weekend to save on peak weekend accommodation costs?
- Can you commute and claim back travel expenses?